In This Room

The Student Counseling Room was established to give all students the opportunity to consult with a counselor on various issues that may arise during the course of their studies at Keio University. Rather than struggling with problems alone, students are encouraged to visit the Counseling Room for professional assistance.

Student Counseling Room

Keio University
How to Use This Room

Visit the Counseling Room. In principle, consultations must be reserved in advance. However, every effort is made to accommodate students whenever they visit the office. A counseling session typically lasts between 30 minutes and one hour and is available free of charge to all students. If required, the counselor can refer students to other institutions on and off-campus for follow-up assistance. Every consultation is kept confidential.

We Assist With:

- Academic studies
- Extracurricular activities
- Future direction or occupation
- Interpersonal relationships
- Personality issues
- Physical and mental health issues
- Other issues that arise as part of student life

Events

The Student Counseling Room hosts workshops to assist students with self-discovery and self-expression. These activities also provide a venue for students to expand their social network. Please refer to the homepage for upcoming events. These workshops will be held in Japanese but all students are welcome to participate.


Location

○ Mita Campus (9:30 AM–5:30 PM)
B1F, South School Building
*English consultations available on Tuesdays, Wednesdays, and Thursdays.

○ Hiyoshi Campus (9:30 AM–5:30 PM)
1F, Fourth Building, Independence Wing
*English consultations available on Fridays.

○ Yagami Campus (10:00 AM–6:00 PM)
Room 101, 1F, 26th Building.
*English consultations available on Mondays.

○ Shiba-Kyoritsu Campus
1F, Building No. 2
*English consultations not available